

LUNCH

SANDWICHES

THE CLUB - THE CLASSY SANDWICH Crispy smoked pancetta, chicken, egg and lettuce , served on crusty sour dough

14.90

12.90

12.90

14.50

10.90

12.90

(Contains 1-wheat, 3, 6, 7, 10, 12)

THE SLOPPY JACK - JOE'S VEGAN COUSIN BBQ Jackfruit on a vegan bun with pickles and crispy onions (Contains 1-wheat, 6, 10, 12)

THE BRASSERIE CAESAR sm 9.90 lg 14.50 Crisp smoky pancetta and buttery focaccia fingers our creamy house Caesar dressing, tossed baby gem

THE VERMICELLI NOODLE CHILLI SALAD sm~9.90~lg~14.50~ Full of flavours, crisp vegetables and fresh coriander ,

(Contains 1-wheat, barley, 3, 4, 6, 7, 10, 12)

Served of course with heaps of parmesan shavings

SALADS & SNACKS

tossed in rice vinegar, gently topped with chilli dust (Contains 1-wheat, 6, 9, 11, 12) - Vegan

THE BUFFALO CHICKEN WRAP

Chicken goujon wrap with melted cheese and buffalo sauce (Contains 1-wheat, 3.6.7.10.12)

GREEN GODDESS SALAD

sm 9.90 lg 14.50

Asian greens, cucumber, soy bean, wakame, pickled ginger, candied walnuts, lemon $\operatorname{\mathscr{C}}$ sesame dressing (Contains 6,8-walnut,9,10,11,12) - Vegan

THE HOT PASTRAMI

Shaved pastrami beef on sourdough with two cheeses and wholegrain aioli (Contains 1-wheat, 3, 6, 7, 10, 12)

Add chicken or vegan feta style cheese to any of above 4.00

(Contains 6) Add seared prawns or poached flaky salmon to any of above 6.00

(Contains 2,4,7)

TOASTED SPECIAL

Home cooked ham - hand carved, with mature cheddar and caramelised onion relish

(Contains 1-wheat, 3, 6, 7, 10, 12)

THE ZESTY CHICKEN

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sm 9.90 lg 14.50

Roast chicken in a lime, honey and spice sauce, guacamole, tossed leaves and purple quinoa

(Contains 7,9,10,11,12)

THE CHICKEN CAESAR WRAP

The iNUA classic - chicken goujons and baby gem in a soft wrap (Contains 1-wheat, 3, 4, 6, 7, 10, 12)

All sandwiches come with a cup of fries and salad

ADD ONS	
Cup of soup	3.50
Bowl of soup	6.00
House slaw	2.50
Rocket and tomato salad	3.00
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STICKY IRISH CHICKEN WINGS Buffalo wing sauce, blue cyheese dip

sm 11.90 lg 17.50

Main course portion served with a cup of fries (Contains 1-wheat, 3, 6, 7, 9, 12)

ALL DAY BRUNCH & BITES

Fresh cream and Follan's strawberry jam

SOUPS

CREAMY SOUP OF THE DAY

Made fresh daily - please enquire with your waiter for further details (Contains 1-wheat, 6, 7, 9, 12)

THE BRASSERIE SEAFOOD CHOWDER 10 Cream based chowder, served with salmon, white fish & mussels

served with brown bread (Contains 1-wheat,oat,3,4,6,7,9,12,14) (Contains 3.7.12) FRENCH TOAST

9.50

4.50

Zesty compote and vanilla ice cream

TOASTED FRUIT SCONES

(Contains 1-wheat, 3, 6, 7, 12)

THE SMASHED AVOCADO & POACHED EGGS Chilli nut dressing

7.50

(Contains 1-wheat, 3, 4, 6, 7, 8-pecan, 10, 12)

Add pancetta 2.50

Add smoked salmon 4.00

IRISH CHICKEN WINGS

11.90

Buffalo wing sauce, blue cheese dip (Contains 1-wheat, 2, 3, 4, 6, 7, 12)

All our beef and pork is of Irish origin unless stated otherwise and our chicken is of EU origin.. Whilst every care is taken to ensure our dishes do not contain allergens other than listed for each dish, traces may be present due to the nature of our kitchens and operations. Please inform your server if you suffer from any food allergy or have other dietary requirements.



LUNCH

PIZZA 12" SOURDOUGH PIZZA, SAN MARZANO TO	МАТОЕS	FISH & SEAFOOD	
AND OUR HOUSE BLENDED CHEESE	15.50	FRESH FISH 'N' CHIPS Sole fillets, breaded and golden fried	19.90
THE MARGHERITA Fresh basil and mozzarella pearls (Contains 1-wheat,oat,3,6,7,9,12)	15.50	zesty tartar sauce and roast garlic aioli served with fries (Contains 1-wheat,3,4,6,7,9,10,12)	
FRESH FROM THE SEA Topped with poached prawns and BBQ salmon, lemon aioli dollops and garlic oil drizzles	17.90	VEGAN & VEGETARIAN	
(Contains 1-wheat,oat,2,4,6,7,9,12)		HEALTHY GREEN LENTIL & RAINBOW CARROT CURRY	15.50
SPICY & MEATY All the meats you expect, topped gently with chilli dust and drizzles of garlic aioli (Contains 1-wheat,oat,6,7,9,10,12)	17.90	Fresh coriander and toasted cashew nuts, fragranced coconut & basmati rice (Contains 6,8-cashew,9,12) - Vegan	
VEGAN FEAST Kalamata olives, pulled jackfruit and vegan style cheese mix, basil pesto (Contains 1-wheat,6,8-pine,9,10,12)	15.50	CHICKPEA AND SPINACH TAGINE Flatbread and dips (Contains 1-wheat,6,9,12) - Vegan	15.90
WILD & WONDERFUL Garryhinch organic mushrooms, rosemary infused olive oil,	16.90		
rock chives and caramelised red onion (Contains 1-wheat,oat,6,7,9,10,12)		Add chicken or vegan feta style cheese to above 4.00 (Contains 6)	
SIDES		Add seared prawn tails to above 6.00 (Contains 2,7)	
Sweet potato fries & truffle mayonnaise (Contains 6,10) - Vegan Minted baby potatoes (Contains 7) - Vegan optional Skin on fries	5.50 4.50 4.50	MEATS	,
Roast plum cherry tomato & rucola salad (Contains 12) - Vegan Crunchy Summer vegetables - fresh herbs Contains 7)	4.50 4.50 4.50	RIB EYE BEEF BURGER 70z steak mince patty with mature cheddar in brioche bun, mildly spicy & smoky burger sauce baby gem and spiced fries (Contains 1-wheat,oat,3,6,7,9,10,12)	21.50
SWEET CHOICES		SLOWLY, SLOWLY COOKED BEEF Thinly sliced and tender in cider & honey jus,	20.50
LEMON CURD ROULADE Raspberry puree and Chantilly cream	8.90	crisp potato cake, caramelised apple & tender stem broccolli (Contains 7,9,12)	
(Contains 1-wheat,3,6,7) SALTED CARAMEL BROWNIE Vanilla bean ice cream (Contains 1-wheat,3,6,7)	8.90	THE SPICY BUFFALO CHICKEN BURGER Crispy coated chicken with buffalo sauce, served in a brioche bun with fries (Contains 1-wheat,6,7,10,12)	17.50
CHOCOLATE AND BANANA MOUSSE Banana textures (Contains 1-wheat,6) - Vegan	8.90	ROAST OF THE DAY Served as it should be with creamy potatoes your srver will know more – please ask!	17.50
SELECTION OF BOULABAN ICE CREAM Please ask your server (Contains 1-wheat&barley, 3, 6, 7, 8-various, 12)	8.50	(Contains 6,7,9,10,12)	
KNICKERBOCKER GLORY Strawberry syrup, meringue and honeycomb (Contains 3,7)	8.50		
APPLE TART TATIN The French way of apple tart, served with ice cream(Contains 1-wheat, 3,6,7,12)	8.90		
IRISH FARMHOUSE CHEESE SELECTION Grapes, celery, cheese biscuits and chutney (Contains-1 wheat, oat,rye,3,6,7,8-almond,hazelnut,9,10,11,12)	14.50		

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